

Wednesday Earth Wisdom

Wednesday, May 17



Message From Reclaiming Earth Committee Wednesday Earth Wisdom:

The flowers found in the Garden of Simplicity continue to grow. A renewed variety is the flower of Soulful Simplicity.

“Simplicity means to approach life as a meditation and to cultivate our experience of direct connection with all that exists. By living simply, we can more easily awaken to the living universe that surrounds and sustains us, moment by moment. Soulful simplicity is more concerned with consciously tasting life in its unadorned richness than with a particular standard or manner of material living. In cultivating a soulful connection with life, we tend to look beyond surface appearances and bring our interior aliveness into relationships of all kinds.”

Taken from Christian Simplicity: A Gospel Value (Pg 23)

In the book *Ecology at the Heart of Faith*, we read “What then would a mysticism of ecological praxis look like? ... suggest that it might embrace some of these kinds of experiences.” Denis Edwards goes on to write: “The experience of conversion from the model of individualism and consumption to the simplicity of what Sallie McFague calls ‘the life abundant’ and knowing in this the truth of God: where what matters are the basic necessities of food, clothes, shelter, medical care, educational opportunities, loving relationships, meaningful work, an enriching imaginative and spiritual life, time with friends, and time spent with the natural world around us.” (Pp 117-118)

Are you experiencing the “life abundant” described by Sallie McFague? If not, why not? In reflecting on the last question, it would be too easy to say: Well, if it weren’t for ... I could have ... What do you need to tap into within yourself to answer the question?