

Wednesday, February 14



Message From Reclaiming Earth Committee

With today being both Valentine's Day and the first day of Lent, we tend to think of what we might give up for lent but just maybe, it might be an opportunity to show our love with actions.

So what does love have to do with Lent? Plenty!!

Sometimes, love is expressed by what we hand on to the next generation.

Or, expressed by examples of care and compassion. Or, action we might take that allows someone else to have water or nourishing food or to remain healthy.

Integral Ecology: A coming together of science, ethics, spirituality and action.

Where have you heard that before? God is love and it is God's love that created and called us to recognize and receive God's love, then to love as God loves.

An example is those who are most vulnerable, many without safe drinking water. If we believe that we are the living face of God's love, how can we read about a situation and, in essence, walk away and consider it to be someone else's problem? Our Lenten focus on our expression of love can be as simple becoming aware of the detergents, cleaning products, medications and other undesirable and dangerous products that continue to pour into our rivers, lakes, bay and sea. Love and awareness lead to action.

There are many possible examples of how Lent, God's love expressed through us and action can come together. Last week, WEW wrote of regenerative agriculture. After a week of reflection, are you interested in forming a study group around this concept? If so, please contact [Jo Ann Showalter](#).

Blessings as you move into your Lenten expressions of love.