

A Message from Reclaiming Earth Committee – July 3

Very recently, you heard that individual actions can make a huge difference regarding climate change. Vegetarianism is one such action, even if that action is taken for one or two days a week.

Another small action that makes a big difference is that of eating organic when you can. “Organic food is good for us because we’re not putting non-organic pesticides in our bodies, but organic food is also grown without synthetic fertilizers, most of which begin as byproducts of oil refining. When you buy a conventional apple, you’re giving a little boost to Big Oil. Many crops are over fertilized, and some of that excess nitrogen ends up in the atmosphere as nitrous oxide, a greenhouse gas 298 times more potent than CO₂ (carbon dioxide).” (www.forbes.com/sites/jeffmcmahon/2017/01/23/nine-things-you-can-do-about-climate-change/#718dd828680c)

With this large and meaningful Fourth of July holiday upon us, reflect on how you can celebrate and still take small but meaningful actions that will have a positive impact on our climate crisis. Ultimately, though, enjoy your holiday and stay safe.

